

Healthy View On Sexuality

EBS May 2017 Budapest



Genesis 1:31

God saw all that he had made, and it was very good



Indroduction

Friday: WORLD'S VIEW vs GOD's VIEW

9:00h - 12:30h

- Historical world view on sexuality Brad -
- Theological approach: sexuality in the Bible Pierre-Louis -
- What is lust / what is purity Scott

12:30-14:30 lunch break

14:30h-17:30h

- Results of survey: sexuality in our churches in Europe Thierry
- Love is a soft drug... or hard? Thierry
- Discipling & sexuality Micha
- Church discipline with sexual « sins » Scott –
- Discussion Groups / Panel: Q&A from Friday's classes
- 19:00 Dinner

Saturday: HEALTHY SEX LIFE

9:00h -12:30h

- True intimacy; the plan of marriage, Christ and the Church Brad
- Building a relationship for the long run Having a great intimacy in marriage/Learning to talk about sex in marriage - Thierry, Micha&Dani,...
- A romance that lasts a lifetime (Sharing)

12:30-14:30 lunch break

- Normal sexual development Micha
- The question of homosexuality Thierry
- Talking about sex with children / teens Brad
- Single and sex Brad
- Protecting the church and the children from « predators » Thierry —
- Discussion, Q&A from Saturday's topics
- 19:00 Dinner



Discipling and Sexuality



Genesis 1:31

God saw all that he had made, and it was very good!



Genesis 2:25

Adam and his wife were both naked, and they felt no shame...



Römer 12:2

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.



FOCUS:

Helping to learn a godly view following a healthy behavior

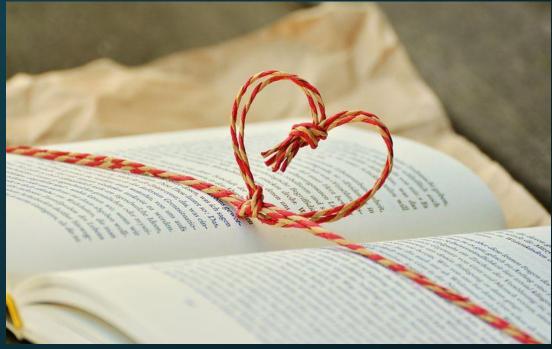
Focus is on the good to develope not the sin!

We are not called to be our brothers watchdog



...but also not to be afraid to call sin a sin





It's a personal story...



Creating a safe place



Vulnerability



Developing a habit in our youth to talk about sexuality and being vunlerable



Seeking help when you have sexual problems

→ Problems with having Erection → Lack of Sexual desire → Problems with having orgasm



Learning to talk about sex in marriage...

Mark 14:32-42 (Vulnerability)

 They went to a place called Gethsemane, and Jesus said to his disciples, "Sit here while I pray." 33 He took Peter, James and John along with him, and he began to be deeply distressed and troubled. 34 "My soul is overwhelmed with sorrow to the point of death," he said to them. "Stay here and keep watch." 35 Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. 36 "Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will."

 Prov 4,23...Above else guard you heart...(thoughts/emotions/will/action)



Stages of Healthy Sexual Development

From: "Gulp! Talking with Kids about Sexuality" Planned Parenthoof of Northern New England August 2000

Birth to 8 years (Expected development)

- Curious about own body including own genitals
- Curious about differences between male/female bodies
- Gender identity develops (Know's: I`am a boy/girl)
- May engage in sex play with peers ("You show me yours and I'll show you mine")
- Interested in where babies come from, pregnacy, birth

Birth to 8 years (What to teach)

- Acurate names and functions of body part
- Sexual parts of our body are special and privat and we keep them covered in public
- Difference between puplic and privat
- People have the right to refuse touch from anyone at any time (We do not touch people and we do not want to be touched)
- Where babies come from (age-appropiat)
- Bodies are different and good just the way they are

Age 9-13 years (What to teach)

- Body changes body hair, menstruation, breast development, vaginal lubrication, penis/testicle growth, erections, wet dreams, hygiene, skin changes
- Masturbation what it is
- Reproduction and pregnancy what intercourse is
- Puberty happens at different ages and rates for everyone
- Hormones and their effects on boys and girls
- Right to refuse touch from anyone at anytime, and need to respect that others have same right
- Gender roles and stereotypes (address and debunk myths)

Age 14-18 years (Expected development)

- Increased interest in dating and sexual relationships
- Are physically able to become pregnant (sometimes as young as age 10)
- Peer pressure still important, though may begin to lessen toward end of this period
- May engage in risky or even delinquent behavior brains are still immature and child may not be able to make consistently healthy decisions
- Increased interest in being independent, driving, having sex, tattoos, piercings, getting jobs to earn spending money, clothes

Age 14-18 years (What to teach)

- Reproduction, pregnancy, birth in greater detail
- Sexually transmitted infections and how to protect themselves
- Birth control and condom use
- How to say "NO" to unwanted sexual contact
- Respecting boundaries and personal space of self and others
- Body image and changes, gender roles, stereotypes
- Differences between healthy vs. unhealthy romantic relationships